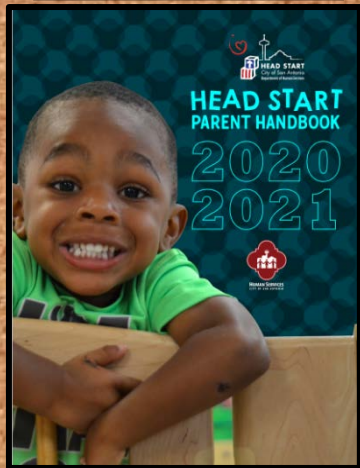


### Parent Handbook



### Family Support Worker

**De Zavala Elementary  
Family Support Worker**

CoSA Family Support Worker Team Supervisor Information:  
Heather Cruz 210-378-6736 [Heather.Cruz@sanantonio.gov](mailto:Heather.Cruz@sanantonio.gov)



**JESSICA PERALES**  
Cell: 210-848-2332  
Email: [Jessica.Perales@sanantonio.gov](mailto:Jessica.Perales@sanantonio.gov)

**Report Child Abuse**  
1-800-252-5400

Online:  
[www.Txabusehotline.org](http://www.Txabusehotline.org)



### School Readiness Goals

**HEAD START SCHOOL READINESS GOALS**

**Approaches to Learning**

- Child will understand and demonstrate the use of print, signs, and pictures.

**Social & Emotional Development**

- Child will identify and express emotions and understand the feelings of others.
- Child will play cooperatively with peers and adults.

**Language & Literacy**

- Child will understand and demonstrate the use of print, signs, and pictures.
- Child will develop knowledge of basic sounds, letters, and words and use them to communicate.

**Cognition**

- Child will describe and compare objects, shapes, and colors.
- Child will use and understand mathematical words.


**Perceptual, Motor, and Physical Development**

- Child will demonstrate fine motor skills and use them to manipulate objects.
- Child will use large muscles to move and manipulate objects.

SocialHeadStart.org | @socialheadstart | @socialheadstart | @socialheadstart

### Wellness Corner

**HEAD START WELLNESS SUPPORT**  
CITY OF SAN ANTONIO DEPARTMENT OF HUMAN SERVICES



**SERVING HEAD START CHILDREN, FAMILY MEMBERS AND STAFF**  
CALL / TEXT TODAY OR TALK TO YOUR FAMILY SUPPORT WORKER

KATHERIN FRANCO, MS, LIC-S  
COORDINATOR OF WELLNESS SERVICES  
CITY OF SAN ANTONIO HEAD START  
757-1074  
KATHERIN.FRANCO@SANANTONIO.GOV


LISA MCKAY, LSW  
FAMILY WELLNESS SPECIALIST  
757-1074  
LISA.MCKAY@SANANTONIO.GOV

### Policy Council



### PCC Meetings

**HEAD START**  
City of San Antonio  
Department of Human Services



### District Calendar

**2020-2021 INSTRUCTIONAL CALENDAR**

MONTH	KEY DATES
JULY	Summer Break
AUGUST	Summer Break
SEPTEMBER	Start of School
OCTOBER	Professional Development
NOVEMBER	Thanksgiving Break
DECEMBER	Winter Break
JANUARY	Winter Break
FEBRUARY	Valentine's Day
MARCH	Spring Break
APRIL	Spring Break
MAY	Spring Break
JUNE	Summer Break
JULY	Summer Break

**IMPORTANT DATES**

- September 14-15: Back-to-School
- October 12-13: Professional Development
- November 23-24: Thanksgiving Break
- December 21-22: Winter Break
- January 18-19: Winter Break
- February 14: Valentine's Day
- March 16-17: Spring Break
- April 16-17: Spring Break
- May 16-17: Spring Break
- June 16-17: Summer Break
- July 16-17: Summer Break

### Community Resources



### Adult Education

