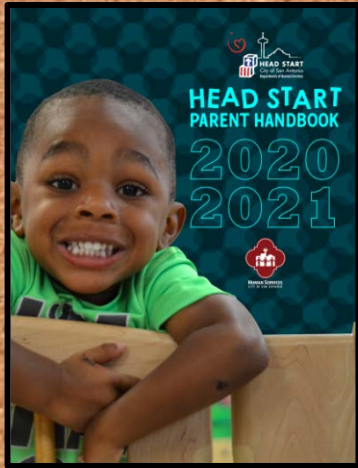


Parent Handbook



Family Support Worker

**Bowden Academy**  
**Family Support Worker**  
 CoSA Family Support Worker Team Supervisor Information:  
 Sara Worfel 210-606-8976 [Sara.Worfel@sanantonio.gov](mailto:Sara.Worfel@sanantonio.gov)



**CARMEN MAR**  
 Cell: 210-784-6741  
 Email: [Carmen.Mar@sanantonio.gov](mailto:Carmen.Mar@sanantonio.gov)

**Report Child Abuse**  
 1-800-252-5400

Online:  
[www.Txabusehotline.org](http://www.Txabusehotline.org)



School Readiness Goals

**HEAD START SCHOOL READINESS GOALS**

**Approaches to Learning**

- Child will become more independent in exploring, playing, and interacting with materials, people, and situations.
- Child will understand and demonstrate the use of print, signs, and pictures.

**Social & Emotional Development**

- Child will develop social and emotional skills that promote positive relationships with others.
- Child will use verbal and non-verbal communication skills to express needs and feelings.

**Language & Literacy**

- Child will develop skills in listening and understanding and using words to express needs and feelings.
- Child will understand and demonstrate the use of print, signs, and pictures.

**Cognition**

- Child will develop skills in exploring, playing, and interacting with materials, people, and situations.
- Child will use verbal and non-verbal communication skills to express needs and feelings.

**Physical Motor and Personal Development**

- Child will demonstrate fine motor skills, including self-help skills, such as dressing, feeding, and toileting.
- Child will use large motor skills to explore the world.

Wellness Corner

**HEAD START WELLNESS SUPPORT**  
 CITY OF SAN ANTONIO DEPARTMENT OF HUMAN SERVICES

**SERVING HEAD START CHILDREN, FAMILY MEMBERS AND STAFF**  
 CALL / TEXT TODAY OR TALK TO YOUR FAMILY SUPPORT WORKER

KATHERINE FRANCO, LIC. LSC-S  
 COORDINATOR OF WELLNESS SERVICES  
 CITY OF SAN ANTONIO HEAD START  
 1221 W. BLOOMINGDALE  
 SAN ANTONIO, TX 78207  
[kfranco@sanantonio.gov](mailto:kfranco@sanantonio.gov)

JOSHUA BARRAZA, LICM  
 FAMILY WELLNESS SPECIALIST  
 1221 W. BLOOMINGDALE  
 SAN ANTONIO, TX 78207  
[jbarraza@sanantonio.gov](mailto:jbarraza@sanantonio.gov)

Policy Council



PCC Meeting

**HEAD START**  
 City of San Antonio  
 Department of Human Services

District Calendar

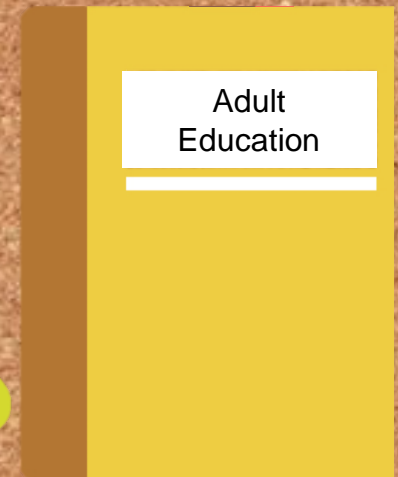
**2020-2021 INSTRUCTIONAL CALENDAR**

MONTH	KEY DATES
JULY	Summer Break
AUGUST	Summer Break
SEPTEMBER	Start of School
OCTOBER	Professional Development
NOVEMBER	Thanksgiving Break
DECEMBER	Winter Break
JANUARY	Winter Break
FEBRUARY	Valentine's Day
MARCH	Spring Break
APRIL	Spring Break
MAY	Spring Break
JUNE	Summer Break
JULY	Summer Break

Community Resources



Adult Education



**VOLUNTEER**